



ADVANCED SCRAMBLER

Fort William, 22nd-26th June 2020

Contemplating the Cuillin? Toying with Tower Ridge? Over five days amongst the magnificent peaks of Ben Nevis and Glen Coe we will progress you from being a Grade 1 scrambler towards you being aware and confident of what is needed to safely climb big, exposed Grade and Grade 3+ scrambles. There's a lot to learn, with the advanced end of scrambling being essentially the same as easy-rock climbing, so it's important to get a good grounding in the core skills.



Outline itinerary

The exact programme is flexible depending upon weather and conditions, as well as guest preferences/needs. However, as an example:

Day 1: After meeting up and introductions we'll go scrambling! Today is about getting our scrambling "heads" back on. Along the way we'll think about scrambling grades, equipment, using guidebooks as well as personal movement skills on rock. We'll introduce the use of the rope alone as a useful emergency tool, either during the day or as an early evening session.

Day 2: We may well be at a lower-level "crag" venue today. We'll look at the nuts and bolts of "pitching" short sections of a scramble, trying to keep things as simple as possible. We'll also look at abseiling down a difficult step with the use of a safety back up (prussik).

Day 3: We'll continue working on yesterday's topics, but take this higher up the mountain onto more realistic scrambling terrain. We may throw some mountain navigation in too---essential skills for scrambling too!

Day 4: Today might be a guided day onto top-level scrambling terrain e.g. Tower Ridge or a Buchaille Etive Mor classic, to push you a little and give you an idea of where scrambling stops and rock climbing begins!

Day 5: Today *you* put it all together! Choose a route as a team, choose your equipment and complete the scramble safely and with a smile! All with guidance and pointers where necessary of course.

Is it for me?

You've caught the scrambling bug already, and have enjoyed Grade 1 and perhaps Grade 2 scrambles. You'd like to feel confident to start tackling the big classic Grade 2 and Grade 3+ scrambles of Glen Coe, Ben Nevis, Torridon and Skye, but know you're not yet ready for them on your own.

Your instructors:

Your instructor will be Jonty Mills. Jonty holds the highest UK award for multi-pitch rock climbing and scrambling (Mountaineering & Climbing Instructor-MCI), He is a full member of the UK Association of Mountaineering Instructors (AMI). Any additional instructors will be chosen for their similar qualifications, as well as being known personally to Jonty.

Cost:

£ 495 per person

What the cost includes:

- Five days of instruction on a 1:2 instructor:client ratio, with a qualified Full Member of the Association of Mountaineering Instructors.
- Use of all group technical equipment e.g. ropes, helmet, harnesses.
- All in-course transport to/from Fort William on each day.

What the cost does NOT include

-Travel to/from Fort William

-Accommodation and food----there are lots of options locally.